



To contact the Food Services Department call 413-776-1631

NOVEMBER 2018

Emma L. Miller Memorial
Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday



5

Cheese Filled Breadsticks
with Dipping Sauce
Seasoned Carrots
Sliced Pineapple

6

No School Today

7

Chicken Patty Sandwich
Caesar Salad
Sliced Honeydew

8

Bacon, Egg, and Cheese
Croissant
Hash Brown
Mandarin Oranges

9

Shepherd's Pie
Corn Bread
Mixed Fruit Cup
Cookie

12

No School Today

13

Breaded Chicken Tenders
Potato Puffs
Red Grapes

14

½ Day
No Lunch Today

15

Beef and Cheese Nachos
Vegetarian Beans
Sliced Peaches

16

Ham and Cheese Croissant
Tomato Soup
Sliced Cantaloupe

19

Chicken Patty Sandwich
Tossed Salad
Assorted Fresh Fruit

20

Roasted Turkey Dinner
Corn Bread
Mashed Potatoes
Applesauce
Cookie

21

½ Day
No Lunch Today

22

No School Today

23

No School Today

26

Breaded Chicken Tenders
Seasoned Carrots
Sliced Pears

27

Toasted Cheese Croissant
Chicken and Vegetable Soup
Slice Pineapple

28

Bacon, Lettuce, and Tomato
Wrap
Seasoned Broccoli
Sliced Peaches

29

Beef and Cheese Nachos
Vegetarian Beans
Red Grapes

30

Sausage, Egg, and Cheese
Croissant
Hash Brown
Mandarin Oranges

Each lunch comes complete with a choice of at free chocolate, skim, and 1% milk

Weekly Alternates

Monday/Friday-Sunbutter and Jelly Sandwich Tuesday- Tuna Fish Sandwich

Wednesday- Cheese Pizza Thursday-Toasted Cheese Sandwich

All grains served are whole grain-rich

"This institution is an equal opportunity provider"